DR. MARTHA HART

Martha Hart is the founder and director of The Owen Hart Foundation, which she established in memory of her late husband Owen Hart shortly after his death in May 1999. As a result of the vast charitable contributions achieved through the good works of The Owen Hart Foundation, Martha was named Individual Philanthropist of the Year in 2004 by the AFP.

Martha is also a national best-selling author, with her book entitled Broken Harts: The Life and Death of Owen Hart, now published in several countries including the United States and the United Kingdom, with all of her proceeds allocated to charity.

Education is the mandate of The Owen Hart Foundation and is personally very important to Martha. Martha completed two degrees at the University of Calgary in Psychology and Sociology before moving to England to complete a Master’s and PhD degree in Social & Developmental Psychology at the prestigious University of Cambridge. Martha works as a university researcher in the area of pediatrics and is an active board member of The International Association for the Study of Attachment (IASA), as well as several other boards.

In 2011 Martha was also awarded Calgary’s Champion of Learning.

However, despite these accolades Martha says that her greatest accomplishment in life is raising her two beautiful children, Oje and Athena, into fine young people she can be proud of.

Every year, as a tribute to Owen Hart, Martha respectfully hosts a high profile fundraising event for The Owen Hart Foundation, which proudly attracts some of the biggest names in the entertainment community. Funds raised support hard working individuals and families with limited resources but unlimited potential.